

HOW TO USE YOUR POST OPERATIVE PRESCRIPTIONS

Prescriptions will be given to you at your pre-operative visit. It is a good idea to have these prescriptions filled before your surgery to have them ready for you when you return home. You do not need to bring these medications with you to the surgery center. Please read the pharmacy insert for your medications and take them as directed on the bottle.

- **ANTIBIOTICS - Augmentin, Clindamycin, Doxycycline, Keflex or Levaquin**
 - Take as directed
 - Antibiotics should be taken as long as drains are in place
 - Otherwise do not refill prescription unless you told to do so
 - The use of a probiotic like Culturelle is recommended while you are taking antibiotics to prevent stomach upset and yeast infections

- **PAIN RELIEVERS – Hydrocodone (Norco), Oxycodone (Percocet), Hydromorphone (Dilaudid)**
 - Take as directed
 - Do not take Tylenol with hydrocodone or oxycodone as these products already contain acetaminophen
 - You may take two Extra-Strength Tylenol tablets (500 mg acetaminophen) every 6 hours as needed for two days if you are taking hydromorphone and still need pain relief
 - Nausea is common with narcotic medications. Take these with food to prevent nausea. You may also take with Phenergan or Zofran if you are nauseated.
 - Narcotic medications may cause itching. If this happens, take loratidine (Claritin) 10 mg each day and/or Benadryl 25-50 mg every 6 hours as needed.
 - Narcotic medications may cause constipation. If this occurs you may take a stool softener or suppository as needed.
 - You may not drive until 48 hours after you have stopped taking these medications.

- **ANTI-NAUSEA MEDICATIONS – Promethazine (Phenergan), Ondansetron (Zofran)**
 - Take as directed only if needed
 - These commonly cause drowsiness and a dry mouth

- **MUSCLE RELAXANT – Methocarbamol (Robaxin)**

- These will be prescribed if you have had an abdominoplasty or breast implants placed under your chest wall muscle.
- Separate from the pain reliever by 30-60 minutes to reduce drowsiness.
- You may not drive until 48 hours after you have stopped taking these medications
- **ANTIBIOTIC OINTMENT – Muperoicin (Bactroban)**
 - Apply to surgical areas twice daily if prescribed
- **MEDROL DOSE PACK**
 - Steroid given to reduce swelling
 - Take as directed on inside of package
 - May cause irritability and shakiness. Call the office if unable to tolerate.
- **BLOOD THINNER- Enoxaparin sodium (Lovenox)**
 - Prescribed to prevent blood clots (DVT, PE) after surgery
 - You will be given this based on your past medical history and caprini risk score
 - Start taking 12 hours after your procedure
 - Take until completion
- **ARNICA AND BROMELAIN SUPPLEMENTS**
 - Begin taking three days before surgery
 - Continue taking after surgery until prescription is completed
- **RECOVERY CREAM**
 - Massage areas of liposuction beginning one week after surgery

If at any time you develop a possible medication reaction such as unresolved itching, rash, fever, redness, or difficulty breathing, STOP taking the medication immediately, call 911 and seek emergency care. Please call the office to let us know you are seeking care.