## FIRST POST-OP

- No showering until drains are removed
  - If drains have been removed- you may shower 24 hours after drains removed
    - Use antibacterial soap
    - Shower with back to the water
    - Pat all tapes Dry after shower. May use a hair dryer (on the cool setting) to dry tapes if necessary
    - Clean drain sites <u>twice a day</u> with <u>alcohol</u> and keep covered with gauze and our <u>advanced healing ointment</u> for 2-3 days
- We no longer recommend over the counter antibiotic ointment as part of our post-operative care plan. We have found it has caused rashes on multiple patients, and we want to prevent that from happening in the future.
  - We now recommend our advanced healing ointment
    - It is a silver impregnated petroleum ointment that is antibacterial and promotes healing.
- Keep brown tape or prineo dressing intact until removed by our office staff.
  - If tape starts to peel off, you may trim with scissors
- Keep brown tape and all dressings dry
- If given a post-operative bra, strap or binder, wear them <u>at all times</u> until instructed otherwise by Dr Lawrence.

## Feel free to call us with any additional questions or concerns 404-303-7004

Or email pa@drmarisalawrence.com