

After Your BOTOX/DYSPORE Injections

- Do not massage or manipulate injection sites for 48 hours after your injections.
- Remain upright for 6 hours after your injections.
- Do not exercise after your injections. Wait until the next day
- Do not wear tight hat or visor for 24 hours.
- Your results should last between 3-4 months.
- You can expect to start seeing results within 3-7 days. The appearance of lines and wrinkles may continue to improve over time.
- If you are still experiencing wrinkles in the treated areas after 14 days you may need more of the product. Please call the office for an evaluation.
- The most common side effects following injections include swelling, headache, bruising, and temporary eyelid droop.
- Do not take ibuprofen, aspirin, or vitamin E for 24 hours after your injections or for 10 days before your next injection.
- Treat any bruised areas with cold compresses for 48 hours.
- Exaggerate facial expressions in injected areas for 1 hour after injections.